# FALL NEWS

#### Autism & Executive Functioning Program - Davis Book - Follow-up Strategies



# Davis Autism

## Training Update

I had an amazing time in Calgary this past September attending a Davis Concepts for Life workshop ...the first stage of my Autism Training journey. I have finished my first assignment and will be working with students for my 2nd and 3rd assignments in the near future. If you know of someone with Autism who could benefit from a Davis Autism Approach and want 1/2 off the program fee by working with me during this training phase, please give them my information. To learn more about the programs Davis Autism offers go to: <u>http://www.davisautism.com</u>.

## Concepts for Life Programs

In addition to the Autism Program I am also being trained and licensed in a program called Davis Concepts for Life. This is more of an Executive Functioning Program, it is a program is for anyone who would like to create meaningful change in their personal or working life. This may include making better decisions, managing stress, taking responsibility, creating order, maintaining focus, creating more positive relationships and being more organized.



# **Collecting Stories**

## Chicken Soup for the Soul, Davis Style -

A Davis Facilitator in Canada, Sharon Roberts, will be compiling a book of short stories or testimonials of Davis Program student "wins" from using Davis tools, or experience with the program. She has reached out to facilitators to submit stories with a Dec 20th deadline. I have a few I can think of, but I would LOVE to hear from you, so if you have an experience or "win" you would like to share, I would love to include it. Submit to me by the 18th of December through email (<u>leanringtoolsdyslexia@gmail.com</u>) or give me a call (206-451-7102.)



## Follow-up Success

All the Davis Programs require follow-up, some more than others, but this essential part of the program continues with you at home. Parents jobs become crucial in the success of the program once students leave the Learning Tools office. While I am always here to help support you, it is on you as the parent, to ensure there is scheduled time to complete follow-up where you can be there for support as well as ensuring motivation for you and your child.

#### Follow-UP strategies:

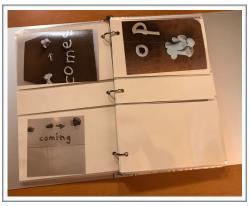
Make Symbol Mastery a family affair! Siblings, mom and dad as well as your Dyslexic can all benefit from symbol mastery and the creative clay work. Clay work can be fun, and can be thought of as a family bonding activity. My family did this quite often, it was always fun and allowed my son to be the expert



- Schedule in the follow-up work, just like doctors appointments, church, or swimming lessons, get those follow-up activities onto your calendar and give yourself reminders that it is time
- Rewards: Rewarding both yourself and your child for the sticking on task and completing follow-up is important. When working with my son, my reward was to give myself a child free hour curled up in bed with a good book and a cup of tea, or going out to a movie with a friend.

**Inspiration:** One of my clients from the spring did a follow-up session with me recently and shared a project she is working on. A photo dictionary of trigger words. For every trigger word she masters she takes a photos and prints it to include in her dictionary. This serves many purposes, motivation to complete the words, acknowledgement of all she has completed, and a memento of her creative models.







#### Learning Tools - Fall News





i before e

Except when your feisty foreign neighbor Keith leisurely receives eight counterfeit beige sleighs from caffeinated atheist weightlifters.

Weird.

Remembering spelling rule like **"i before e"** wasn't very helpful to me, I much prefer symbol mastery to learn how to spell a word!



#### Please feel free to share my information

with families and/or schools who might benefit from learning about the Davis Programs.

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