

SPRING NEWS

New Domain / Parenting Skills / Pilot Program

New Offering – Parenting Skills Course:

Last month I took some time for a bit of professional development and took a course designed by my mentor and fellow Davis Facilitator, Beth Currie-Sheir, B.Sc. (...she is amazing btw).

The Dyslexia, ADHD & Autism Alternatives Parenting Skills Course

Many families of children with dyslexia, ADHD or ASD create negative interaction patterns that repeat or have made allowances for negative behavior in the past because they recognized that their child was unable to learn from conventional parenting programs and methods. Now, that can change. This course allows parents to make positive changes to their parenting skills at the same time their child is making positive changes to their behavioral skills in a progressive, step-by-step way.

The course takes 7 weeks to complete. Each week we explore a strategy, plan to implement it, use the strategy, and discuss how it worked. This allows for the “slow and steady wins the race” gradual implementation of the strategies layered into the family dynamic one at a time. This is the best way to make changes that will last and become natural to all. Each strategy draws out the child’s new awareness of self and others and their emerging understanding of consequences and gives the parent tools to assist the child to get the most benefit from their newly acquired concepts. The weekly topics are: 1. How this program works, how long it takes and how it is structured, 2. Positive reinforcement for positive behavior, 3. Consequence statements “When..., then...”; “If..., then...”, 4. Setting out expectations and rewards, 5. Siblings, 6. Motivation methods for your child, and 7. Managing other adults in your child’s life.



There are seven 60 to 90 minute in-person meetings, phone conferences, or zoom meetings – the choice is yours (in person-meetings only once WA has reached Phase 2 of the the Pandemic Reopening). The program cost is 1200 per family for one on one coaching or \$750 for group coaching. This includes 10-14 hours of meeting time and unlimited email support.

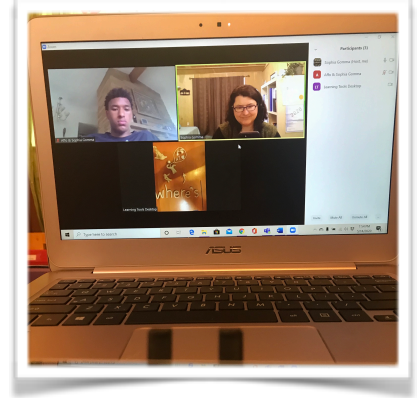
“When you know better, you do better.” - Maya Angelou

Web-based Pilot Program:

In response to the COVID-19 Pandemic, the Davis Dyslexia Association has implemented a Pilot Program to deliver our work through video conferencing. This Web-based program is currently only in place until June 30th. While web-based definitely has a different feel, the programs continue to provide high quality and professional facilitation to students.

In some cases there might be needed in-person follow-up after shelter in place orders have been relaxed. We also can provide the program a bit more spread out than typically, doing only 3- hours a day is common practice.

I have taken the web-based program training showing facilitators how to deliver this slightly adjusted program. I also took time to practice the new delivery with others facilitators so I am ready to start next week with a student! For some this is the perfect time to do a program as there is more time on our hands with shelter-in-place, and some don't have as much "homeschooling". I am offering a discount to those families who have been financially impacted by the pandemic.



Some photos from the past few months:



Autism Training Update:

I am still looking for one more student to work with for my field assignment phase of my Autism Training.

If you know of someone with Autism who could benefit from a Davis Autism Approach and who could benefit from more than 1/2 off the program fee by working with me during this training phase, please give them my information. To learn more about the programs Davis Autism offers go to: <http://www.davisautism.com>.



Domain Change:

Learning Tools "Dyslexia" has now changed to Learning Tools "For Life".

I originally had dyslexia in the URL to specify and draw people searching for dyslexia programs but realized this just didn't encompass enough and now with the addition of a Parenting Skills program and the Autism programs I knew I needed more. After a bit of thought and brainstorming I came up with the For Life, as anyone who has been given Davis Tools knows that they are so powerful we will use them for the rest of our lives. It also is in tune with the Autism Program called "Concepts for Life".

New website: www.LearningToolsForLife.com & email: Sophia@LearningToolsForLife.com



I would love to hear your stories and how your are; drop me a line, give me a call, or schedule a zoom follow-up with me. AND remember, if you get stuck, I am here to help.



Lastly, *as always*, please feel free to share my information with families and/or schools who might benefit from learning about the Davis Programs.



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