# SPRING NEWSLETTER

# Learning Tools Embracing Neurodiversity

#### 20% Discount

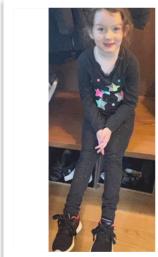
In honor of last months' Autism Awareness Month, I will be giving a 20% discount on all Autism Program work done in the month of May. This will include any Davis Autism Approach program work or any Davis Stepping Stones 1 or 2 program work.

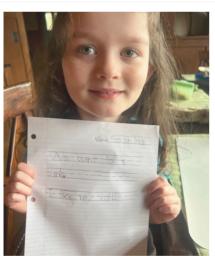
#### **Online Programs**

Davis has extended the online programs thru December 2022. I have found these programs to be a great fit for adults who just want to work a few hours a day and those who can not get to Seattle. Give me a call to learn more.

#### Fall Move

This fall we will be relocating to North Carolina. It will be sad to leave Seattle but I am looking forward to the new adventure. I will be available still by email to all past clients and I am happy to provide you with other Davis method providers in the area if you are wanting a program or I can always do Online Programs through 2022 and maybe beyond.





## **Confident Young Learner**

I have so much enjoyment seeing the growth and surge of confidence I see when young learners finish their program.

Above is a very sweet girl who I completed a program with in March. First photo shows her at home after having a quick shoe tying lesson. The second photo shows her with her completed homework just a couple days after the program.

I love her new found confidence with tying shoe and how proud she was after writing those beautiful letters and spelling the trigger words she had mastered in class!

Way to go Ser! Keep up the good work.



Learning Tools 1



#### **Concepts for Life**

Davis Concepts for Life addresses fundamental life's concepts needed to function effectively and successfully.

One is coached through a series of simple, effective tools to manage stress, control energy levels and create and maintain focus.

Then we create clay models of 40 life-concepts, including consequence, time, sequence, order and disorder - allowing you to gain control of the environment.

Additional concepts are explored, such as emotion, want, need, motivation, and responsibility - resulting in greater control of your internal world and the enhanced ability to apply them effectively into your life.

All concepts are explored and experienced in the real world to allow you to create a framework for understanding and taking positive control of situations.

Davis Life Concepts provides the opportunity for you to create meaningful, lasting change in your life.

#### Davis Young Learners Program is for Ages 5-7

Who should do a young learners program: The Davis Young Learners program is for those parents who want their child to have a strong foundation and start to school. This program tends to be for those who have dyslexia in the family, often mom or dad remember their own struggles in school and they already can tell their young one gets frustrated when trying to read or has no interest in books at all. This is for the child who has so many reversals in their letters and lots of confusion around sounding out the letters.

How long: The program is completed in 30 hours, ideally we are working 3 hours a day for 10 days, sometimes we can only work 2 hours a day for 15 days. Hours vary per individual student needs.

What's involved: In this program, the child and a support person, typically mom or dad attends the full program. After the 30 hours together with the facilitator the 219 basic word list is done at home in your own time. Typically a year or two is spent doing this follow up clay work a couple days a week, but this depends on the family schedule.



Learning Tools 2

## **Symbol Mastery Photos**



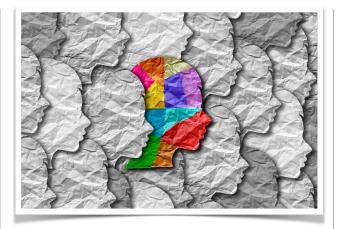












## Neurodiversity

Neurodiversity refers to the diversity of all people, but really encompasses the idea that there is no one way of thinking and that people experience and interact with the world around in many different ways.

This term has been around since the 90s but lately has gained some ground and has become a movement to see different learning styles and developmental conditions in a more positive light, increasing inclusion and acceptance.

Neurodiversity is used in the context of Autism Spectrum Disorder as well as ADHD, Dyslexia and other learning differences.

#### **CONTACT INFO**

#### Sophia Gomma

Dyslexia Coach

Licensed Davis\* Dyslexia Program Facilitator Licensed Davis Autism Approach\* Facilitator/Coach Licensed Davis Concepts for Life<sup>SM</sup> Facilitator

Telephone: 206.451.7102

Email: sophia@learningtoolsforlife.com

Web: LearningToolsForLife.com



Learning Tools 3